

ELASP FOR FRESHMEN

LIST OF SEMINARS & EVENTS

BI-WEEKLY SEMINAR TOPICS

Aug. 29 - Sept. 9: Time Management

Sept. 12 - Sept. 23: Goal Setting 101

Sept. 26 - Oct. 7: Facing Adversity/How to GRIT through College

Oct. 10 - Oct. 21: Advising

Oct. 24 - Nov. 4: Leadership and Values

Nov. 7 - Nov. 18: Preparing for Finals Week and Stress Management

SEMINAR DAY & TIMES

Monday (Virtual) | 3:00-4:00pm: Randy & Sidharth

Tuesday | CBB 510 | 11:30am-12:30pm: Randy & Cynthia

Wednesday | CBB 522 | 12:00pm-1:00pm: Sidharth & Cynthia

Wednesday | CBB 522 | 3:00-4:00pm: Randy & Cynthia

Friday | CBB 510 | 11:00am – 12:00pm: Sidharth & Cynthia

Friday | CBB 510 | 1:00pm – 2:00pm: Randy & Sidharth

EVENT LIST BY MONTH

- ELASP SOCIAL EVENTS
- ELASP WORKSHOPS

AUGUST

- 26** **WELCOME**
#BAUERGRAD26
EVENT
Time: 2:00pm – 4:00pm
Location: Rockwell Pavilion

SEPTEMBER

- 8** **UH STUDENT SERVICES**
WORKSHOP
Time: 4:00pm – 5:00pm
Location: CBB 522
- 13** **ICE-CREAM SOCIAL &**
BOARD GAMES
Time: 4:00pm – 5:30pm
Location: CBB 522
- 15** **STRATEGIES FOR TAKING**
NOTES & STUDYING
EFFECTIVELY IN COLLEGE
WORKSHOP
Time: 4:00pm – 5:00pm
Location: [Click here to join](#)

- 16** **RCC CAREER FAIR**
Time: 12:00pm – 4:00pm
Location: UH Hilton

- 30** **TULANE VS. HOUSTON**
FOOTBALL GAME
Time: 6:00pm
Location: TDECU Stadium

OCTOBER

- 5** **SO, YOU BOMBED YOUR**
FIRST EXAM, #HELP
WORKSHOP
Time: 4:00pm – 5:00pm
Location: CBB 522
- 12** **MID-SEMESTER BOWLING**
Time: 5:00pm – 6:30pm
Location: Student Center Games
Room
- 13** **ORGANIZATIONS,**
INTERNSHIPS, &
INVOLVEMENT - OH MY!
Time: 4:00pm – 5:00pm
Location: CBB 510

- 24** **PEER LEADER SOCIAL**
Time: TBA
Location: TBA

NOVEMBER

- 7** **PEER LEADER SOCIAL**
Time: TBA
Location: TBA
- 9** **THE POWER OF**
PURPOSE WORKSHOP
WITH ASSOCIATE DEAN,
FRANK KELLEY
Time: 4:00pm – 5:00pm
Location: CBB 510

DECEMBER

- 1** **UGLY HOLIDAY**
SWEATER SHINDIG
Time: 5:00pm – 6:30pm
Location: CBB 328